

## 30 Day Blood Glucose Log

| Patient:    |           | DOB: |
|-------------|-----------|------|
| Start Date: | End Date: |      |

| Date | Before<br>Breakfast | After<br>Breakfast | Before<br>Lunch | After<br>Lunch | Before<br>Dinner | After<br>Dinner | Night/<br>Bedtime | Other |  |  |
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